ADVANCES IN EMPIRICAL CLIMATE ECONOMICS[‡]

Convergence in Adaptation to Climate Change: Evidence from High Temperatures and Mortality, 1900–2004[†]

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A growing literature attempts to predict the impacts of climate change on agronomic, economic, and health outcomes. A key challenge in this literature is identifying the effect of climatic variables on various outcomes independently of the effects of many confounding variables that are correlated with both climate and with economic outcomes.

Most recent studies therefore derive identification from weather variability, i.e., from yearly or monthly fluctuations in weather in a given location. This panel variation permits identification of weather effects by implicitly controlling for time-invariant factors that differ across location and that are potentially correlated with climate. However, by relying on high-frequency weather variation, these studies ignore long-term adaptation to changes in climatic variables that evolve over decades or more. To the

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[†] Go to http://dx.doi.org/10.1257/aer.p20151028 to visit the article page for additional materials and author disclosure statement(s).

extent that more adaptation becomes available in the future, either through greater diffusion of existing technologies or through development of new technologies, predicted impacts of climate change based on short-term weather variation will likely overstate the true long-term impact of climate change. On the other hand, intensification effects may lead to an understatement of the true long-term impact of climate change (Dell, Jones, and Olken 2014). Thus more empirical studies of adaptation are needed, although a few studies now exist (Barreca et al. 2013; Boustan, Kahn, and Rhode 2012; Burke and Emerick 2013; Deschênes and Greenstone 2011).

This paper presents a hybrid approach that combines high-frequency temperature variation with long-run climate differences to analyze two questions. First, how important is adaptation in the cross-section? For example, does extreme heat increase mortality more in areas that less often experience extreme heat? Second, do cross-sectional adaptation rates converge? For example, does the vulnerability of cold locations to extreme heat converge toward the vulnerability of hot locations to extreme heat?

Using panel data on monthly mortality rates of US states and daily temperature variables for over a century (1900–2004), we document two findings. First, the impact of extreme heat on mortality is notably smaller in states that more frequently experience extreme heat. This finding stands in contrast to previous research that provides conflicting findings on whether regions with hotter climates experience smaller effects from hot days (Dell, Jones, and Olken 2014). Second, the difference in the heat-mortality relationship between hot and cold states declined over the period 1900–2004, though it persisted through 2004.

I. Data Sources and Summary Statistics

The data for this paper are taken from Barreca et al. (2013). This section briefly describes these data and reports summary statistics. See the online Appendix and Barreca et al. (2013) for further details.

Mortality Rate Data.—The main outcome analyzed is the total mortality rate (allage, all-cause mortality rate) for the period 1900-2004 at the state-year-month level. The total monthly mortality rate has changed substantially over time: it declined from an average of 129.4 (per 100,000 population) in the first decade of the twentieth century to an average of 71.7 in the last decade. Further, there is important seasonality in the total monthly mortality rate: the average for January over 1900-2004 is 91.6 while it is only 77.1 in July. Finally, there are notable geographical differences in seasonality of monthly mortality. For example, the average July mortality rate in California is 65.9 while it is 78.9 in Illinois.

If these differences over year, month, and space are correlated with climate, associations between temperature and mortality may not represent the causal effect of temperature on mortality. We address this issue in the regression models below by leveraging the presumably exogenous shocks to the monthly temperature distribution within states over time while controlling for other temporal and geographical factors (Deschênes and Greenstone 2007).

Temperature Data.—The independent variable of central interest for this paper is a measure of extreme temperature, defined as the number of days in a state-year-month where the daily average temperature is greater than 90°F (henceforth labeled D90). For the continental United States as a whole, there are 0.7 such days per year on average over 1900–2004. In the analysis below, we study the heterogeneity of the mortality response to D90 by considering how the effect of D90 varies across the ten deciles of its long-term distribution, defined as the average annual number of D90 per state over 1900–2004.¹ Historical exposure to high

temperatures varies greatly across the deciles: states in the lowest decile (CO, CT, MA, ME, MT, NH, OR, RI, VT, WA, WY) experience one high temperature day every 50 years on average, states in the fifth decile experience one every 11 years, and states in the highest decile experience (AZ, KS, NV, OK, TX) more than 1.2 high temperature days per year on average.

II. Econometric Strategy

The results are based on fitting variants of the following regression equation:

(1)
$$\log(Y_{sym}) = \sum_{d=1}^{10} \beta_d D90_{sym}$$

 $\times 1(Decile_{sy}^{D90} = d)$
 $+ X_{sym}\phi + \alpha_{sm} + \gamma_{ym} + \varepsilon_{sym}$

where $\log(Y_{sym})$ is the log of the monthly mortality rate in state s, year y, and month m, and X_{sym} is a vector of control variables.² The equation also includes a full set of state-by-month fixed effects (α_{sm}) and year-month fixed effects (γ_{vm}) . The state-by-month fixed effects control for all unobserved state-by-month invariant determinants of the mortality rate. As a result, fixed differences across states in health care quality or the level of health capital will not confound the D90 variables. The year-by-month fixed effects control for all factors that have contributed to changes in mortality rates over time that are common across state (e.g., the introduction of Medicare and Medicaid). The specification also includes a quadratic time trend that is allowed to vary at the state-month level to control

¹In practice, we create population-weighted deciles. Since there are 49 states in the sample, and since the variable

D90 has a skewed distribution with many values close to zero, the distribution of states and population across deciles is lumpy. Some deciles have far fewer than 5 states or more than 10 percent of the national population. The shares of population across the ten deciles of the long-term distribution of D90 are: 0.10, 0.11, 0.10, 0.15, 0.05, 0.09, 0.10, 0.17, 0.02, and 0.10.

²The vector of control variables, X_{sym} , includes population share living in urban areas, and the share of the state population in one of four age categories: infants (0–1), 1–44, 45–64, and 65+ years old. The vector also includes indicators for unusually high or low amounts of precipitation in the current state-year-month. In the interest of space, we do not report the estimated coefficients for the variables included in X_{sym} .

for smooth changes in the state-by-month mortality rate across years.

The variable of central interest for this paper is D90, the number of days where the average daily temperature exceeds 90°F. Its coefficient β is interpreted as the effect on the log mortality rate of one day where the average temperature is greater than 90°F relative to a day where it is smaller than 90°F.³ In order to test for differences in long-term adaptation, we estimate the parameter β separately across the ten deciles of the long-term distribution (e.g., 1900-2004) of D90. Since equation (1) includes state-month fixed effects, the coefficient β is identified from state-month specific deviations in temperature distribution about the state-month long term averages, after adjustment for the rich set of covariates, year-month national shocks, and state-level factors that evolves according to a quadratic time trend. Due to the unpredictability of realizations of the temperature distribution across months, we presume that this variation is orthogonal to unobserved determinants of mortality rates.

Finally, we address the possibility that temperature shocks may lead to inter-temporal mortality displacement, or "harvesting," of persons who are ill and already near death. To this end, the D90 variables in equation (1) enter for the current month and for the previous month, and we obtain the cumulative dynamic estimate by summing the estimated coefficients for each of the two months. See Barreca et al. (2013) for more details.

III. Results

Figure 1 shows how heat-related mortality varies across the cross section of climates observed in the United States. It reports the estimated effect of *D90* days on mortality across the ten population-weighted deciles of the long-term distribution of *D90*. The deciles are calculated across the 49 states in the sample. This provides a simple test of whether the population in the Estimated impact of a day above 90°F relative to a day below 90°F, by decile of annual distribution of 90°F



FIGURE 1. ESTIMATED EFFECT OF DAYS WITH TEMPERATURE GREATER THAN 90°F, BY DECILE OF ITS LONG-TERM DISTRIBUTION, 1900–2004

10 deciles have adapted differentially to the frequency of extreme temperature shocks. It is a compelling test because it holds national-level institutions and available technologies constant. These adaptations can occur through physical acclimatization, adoptions of costly technologies (e.g., air-conditioning, see Barreca et al. 2013), and changes in behavior (e.g., time spent indoors, see Graff Zivin and Neidell 2014). All of these adaptations require resources, be they money or time, and return comfort, changes in mortality risks, and potentially other payoffs.

The results in Figure 1 point to a clear relationship between the effect of high temperature shocks and their historical frequency. The estimated effect of D90 on log mortality rates in the states in the lowest decile is 0.30 (std error = 0.13), so that a single temperature day greater than 90°F increases monthly mortality rates by roughly 31 percent relative to all temperatures below 90°F. The estimated effect for the highest decile is strikingly smaller-it is two percent as large, at 0.0064 or 0.68 percent (std error = 0.0023). The evidence is consistent with long-term adaptation, i.e., states that experience the highest risks of heat-related mortality (i.e., deciles 8-10) have adapted, whereas lower exposure states (i.e., deciles 1-3) have not adapted to the same extent. One identification concern in our approach is that states with warmer climates may differ in unobserved ways from other states and these differences may themselves affect the weather-mortality relationship directly. To the extent that such confounding variables do not covary smoothly with climate, it is encouraging

³Estimates of the impact of temperature above 90°F on log mortality rates are very similar when all other temperature bins are included as in Barreca et al. (2013) (coefficient = 0.0098, std error = 0.0029) or as here where a single variable with the number of days with average temperature above 90°F is used to predict log mortality rates (coefficient = 0.0101, std error = 0.0033).

that the gradient of the weather-mortality relationship with climate is largely monotone and roughly linear in Figure 1.

Over the period 1900–2004, the mortality effect of high temperatures has declined substantially for all states. As shown in Barreca et al. (2013), 1960 is a natural dividing line to study changes in the temperature-mortality relationship, since it marks the near-completion of residential electrification and the beginning of the era of residential air conditioning (AC) in the US homes. Notably, the adoption of residential AC was initiated earlier and reached higher levels in states with higher historical frequency of high temperature days. In 1960 (just a few years after the beginning of the diffusion of residential AC in the United States), the residential AC ownership rate in the states in the lowest decile of the long-term distribution of D90 was 4 percent, compared to 27 percent for the states in the highest decile. By 1980, the same residential AC ownership rates were 24 percent and 77 percent, respectively.

Figure 2 explores how the differential effect of D90 on log mortality changed before versus after 1960 across the cross section of climate. To this end, we re-estimated the coefficients on D90 in equation (1) by decile, separately by the preand post-1960 periods. The evidence is consistent with convergence in adaptation, where the largest reductions in heat-related mortality have occurred in states located in the lowest deciles of the D90 distribution. For example in the second decile, the heat-related mortality declined by 32 percent after 1960. In deciles 3-5, the reduction in heat-related mortality amounts to about 10 percent, relative to the pre-1960 levels. Despite these important declines in mortality risks due to high temperatures, adaptation remains incomplete since across most deciles, days with temperatures above 90°F continue to significantly predict increases in log mortality rate in the post-1960 period.

Online Appendix Table 1 more finely examines the timing of the change in the effect of D90 on mortality in states where the long-term average annual days with temperature greater than 90°F is above (deciles 6–10) and below the median (deciles 1–5). Estimates in panel A are regression coefficient estimates that can be compared to those reported in Figure 1.

Over the course of the century, the mortality effect of *D90* relative to the rest of the distribution

Estimated impact of a day above 90°F relative to a day below 90°F, by decile of annual distribution of $90^{\circ}F$



FIGURE 2. CHANGE IN ESTIMATED EFFECT OF DAYS WITH TEMPERATURE GREATER THAN 90°F, BY DECILE OF ITS LONG-TERM DISTRIBUTION, POST-1960–PRE-1960 DIFFERENCE

Notes: The dependent variable is the log monthly mortality rate. Cumulative dynamic effects for temperature exposure windows of two months are reported. Regressions are weighted by state population and include age group specific population shares interacted with month, urban population share interacted with month, year \times month fixed effects, state \times month fixed effects, state \times month quadratic time trends. Standard errors clustered on state.

is about 9 percent in low exposure states (below median) and about 1 percent in the high exposure states (above median). Confirming the results in Figure 2, it is apparent that the effect of hot days on mortality is highly dependent on the part of the country where the day occurs. Comparing columns 2 and 5, we observe that for both the below median and above median states, the effect of high temperatures on log mortality has declined by close to 90 percent over the period 1900–2004.⁴

A striking finding in online Appendix Table 1 is that despite the important decline in heat-related mortality across all states, the large difference between high/low historical exposure states shown in column 1 remains in all time periods: columns 2–5 show that the effect of D90 on mortality in the below median states is always roughly ten times larger than the corresponding effect in above median states. This

⁴Online Appendix Table 2 reports qualitatively similar estimates over 1940–2004 when we control for per capita income.

difference spans very different periods where the cost of self-protection varied greatly.

IV. Conclusions and Future Directions

A few lessons emerge from this paper's results. First, there have been remarkable reductions in heat-related mortality across all climates in the United States during the twentieth century due to various forms of adaptation. Second, hotter parts of the country have been better protected against the mortality impacts of high temperatures in all subperiods of the twentieth century. So even as the level effect of hot days on mortality has declined substantially as technology has advanced, the relative effect of a hot day has remained more dangerous in states above the median of the frequency of these days versus below it. This is perhaps best illustrated by observing that the mortality coefficient (0.0226) in the below median states for 1980–2004 period when residential AC was not a novel technology is almost identical to the same coefficient for the above median states during the 1900-1939 period (0.0245) when cooling technologies were much more expensive and AC was not available for homes. Third, the evidence is broadly consistent with the idea that self-protection is costly and communities/states and individuals are continually making judgments about its costs versus benefits. Investments in cooling technologies in relatively low D90 exposure areas may not be worth the benefit of reduction risks of heat-related mortality. Put another way, adaptation/self-protection is subject to a cost-benefit test and communities and individuals will undertake more of it when the price goes down. Further, just as zero pollution would fail a cost-benefit test, it appears that zero heat-related mortality may fail one, although the levels are getting very low in hot states.

What do this paper's results mean for climate change? At least with respect to the mortality consequences of higher temperatures, the paper paints a mixed picture. Throughout the twentieth century, there have always been opportunities for individuals to protect themselves against high temperatures and they have taken advantage of those opportunities whenever the benefits were sufficiently high. At the same time, continuing differences in the mortality consequences of hot days suggest that self-protection is costly and underscore that climate change will be costly, even if its mortality impacts are mitigated by the adoption of technologies that protect people's health.

The analysis requires several important caveats. This approach in this paper cannot identify the mechanisms through which hot and cold regions have adapted to extreme heat; Barreca et al. (2013) look into three important mechanisms. We leave additional details for future research. Additionally, the analysis of mortality in this paper hints at the potential importance of adaptation for other domains of climate change such as agriculture and sea level rise, and additional analysis of those topics would help assess the breadth of our conclusions.

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